



The organisations below can provide information and support for carers of all ages.

Carers Direct

Carers Direct offers information, advice and support and how to take care of yourself, for carers in England.

www.nhs.uk/carersdirect

Care Directions

Care Directions provides detailed advice and information on a range of health and care issues for older people.

www.caredirections.co.uk

Carers Federation

The Carers Federation provides support for all carers, including programmes for public and patient involvement, for people with mental health issues and those needing counselling support.

www.carersfederation.co.uk

Carers Trust

Carers Trust provides information, support and practical help to make it easier for carers.

www.carers.org

www.youngcarers.net

Barnardo's

Barnardo's is a children's charity that offers support to young carers.

www.barnardos.org.uk

The Children's Society

The Children's Society is a children's charity that offers support for young carers.

www.childrenssociety.org.uk

Royal Association for Deaf people

If you're deaf or hard of hearing, the Royal Association for Deaf people has produced a carer's toolkit. All the information is signed in BSL with subtitles and available online. It's also available as a written information pack with a DVD.

www.deafcarers.royaldeaf.org.uk

Caring for people with Parkinson's

Finding out as much as you can about Parkinson's can help you understand what kind of care is required and how to manage the treatment of Parkinson's.

www.parkinsons.org.uk

Caring for people with Dementia

The best way for carers to access information or get hold of some free publications relating to Dementia.

www.alzheimers.org.uk